



SEPTEMBER

September 2023

Woodrow Wilson
Breakfast

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			Maschio's Daily Swap Oats:	1 No School
4  Labor Day	5  No School	6 • Buttermilk Pancakes	7 • French Toast Bites	8 • Assorted Large Muffin
11 • Assorted Whole Grain Cereal • Graham Crackers	12 • Apple Frudel	13 • Buttermilk Pancakes	14 • Bagel with Cream Cheese	15 • Mini Cinnamon Waffles
18 • Assorted Whole Grain Cereal • Graham Crackers	19 • Mini Cinnamon Stuffed Bagel Stick or • Mini Strawberry Stuffed Bagel Stick	20 • Buttermilk Pancakes	21 • French Toast Bites	22 • Assorted Large Muffin
25 • Assorted Whole Grain Cereal • Graham Crackers	26 • Apple Frudel	27 • Buttermilk Pancakes	28 • Bagel with Cream Cheese	29 • Mini Cinnamon Waffles

*Menu is Subject to Change



QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow
healthy kids!